**St Charles RC Primary School**

**PSHE & RSE Curriculum Map**

**2023-2024**

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| **Term** | **Nursery** | **Reception** | **Year 1** | **Year 2** | **Year 3**  **(including 3/4)** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn** | **Module 1: Created and loved by God**  Unit 1: Religious Understanding  Enjoys the company of other children and wants them.  ● Begin to be more outgoing with unfamiliar people and show  more confidence in new social situations.  ● Select and use resources with help.  ● Play with at least one other child, giving cues in play.  ● Begin to find solutions to conflicts (i.e. sharing with others)  ● Follow simple class rules.  ● Develop a sense of responsibility within the class.  ● To settle at a self-chosen activity for a period of time.  to play with | **Module 1: Created and loved by God**  Unit 1: Religious Understanding  **Module 1: Created and loved by God**  Unit 2: Me, My Body, My Health  ● Recognise that they belong to different communities and  social groups.  ● Talk freely about their own home and community.  ● Seeks out a familiar adult for comfort, help and assistance.  ● See themselves as a valuable individual. | **Module 1: Created and loved by God**  Unit 1: Religious Understanding  **Keeping Well and Clean**  Physical Health and Fitness  Healthy Eating  Health and Prevention | **Module 1: Created and loved by God**  Unit 1: Religious Understanding  **Module 1: Created and loved by God**  Unit 4: The cycle of life  **Healthy People**  Metal Wellbeing  Physical Health and Fitness  Healthy Eating  Health and Prevention | **LKS2 Module 1: Created and loved by God**  Unit 1: Religious Understanding  **Healthy Lifestyles**  Healthy Eating  Physical Health and Fitness | **Module 1: Created and loved by God**  Unit 1: Religious Understanding  **Mental Health**  Mental Wellbeing | **Module 1: Created and loved by God**  Unit 1: Religious Understanding  **Module 2: Created to love others**  Unit 1: Religious Understanding  **(LKS2 modules)**  **Module 1: Created and loved by God**  Unit 2 continued: Me, My Body, My Health | **Module 3: Created to live in community**  Unit 1: Religious Understanding  **Module 3: Created to live in community**  Unit 2: Living in the wider world |
| **Module 2: Created and Loved by God.**  Unit 1: Religious Understanding | **Module 1: Created and loved by God**  Unit 2: Me, My Body, My Health  **Coping with conflict**  Caring and Friendships  Respectful Relationships  Mental Wellbeing  Internet Safety and Harms  **Making and breaking friendships**  Caring Friendships  Mental Wellbeing | **LKS2 Module 2: Created to love others**  Unit 1: Religious Understanding  **Emotions and Feelings**  Being Safe  Mental Wellbeing | **Module 1: Created and loved by God**  Unit 2: Me, my body, my health.  **Friendship and Inclusion**  Respectful relationships  Caring friendships  Mental Wellbeing | **Module 2: Created to love others**  Unit 2: Personal relationships  **Friendships and coping with bullying**  Caring and Friendships  Respectful Relationships  Online Relationships  Being Safe  Mental Wellbeing  **Stereotypes and diversity**  Respectful Relationships | **Conflict resolution**  Caring Friendships  Respectful Relationships  Online Relationships  Mental Wellbeing  **Protected Characteristics and bullying**  Respectful relationships  Online Relationships  Mental Wellbeing |
| **Spring** | **Module 2: Created to love others**  Unit 1: Religious Understanding  **Module 2: Created to love others**  Unit 2: Personal Relationships  ● Talk about their feelings (if they are happy or sad and why).  ● Play with more than one child, extending and elaborating  play ideas.  ● Takes part in pretend play  ● Builds upon two way conversations (listening and responding  to others).  ● Takes risks and tries new things. | **Module 1: Created and Loved by God**  Unit 3: Emotional Well-being  **Module 1: Created and loved by God**  Unit 4: Life Cycles  ● Build constructive and respectful relationships.  ● Express their feelings and consider the feelings of others.  ● Can talk about what they can do well and what they need  help with.  ● Shows confidence choosing the resources they need for  activities. | **Module 2: Created to love others**  Unit 2: Personal Relationships  **Losing and Finding**  Mental Wellbeing | **Module 1: Created and loved by God**  Unit 3: Emotional Wellbeing | **LKS2 Module 2: Created to love others**  Unit 2: Personal relationships | **Module 1: Created and love by God**  Unit 3: Emotional Wellbeing | **Module 1: Created and loved by God**  Unit 4: Life Cycles | **Module 1: Created and Loved by God**  Unit 3: Emotional Wellbeing |
| **Module 2: Created to love others**  Unit 3: Keeping Safe | **Module 3: Created to live in the community**  Unit 1: Religious Understanding  **Module 3: Created to live in community**  Unit 2: Living in the wider world | **Me and my community**  Being a responsible citizen  **Where do things come from?**  Being a responsible citizen  Economic Wellbeing | **Module 3: Created to live in Community**  Unit 1: Religious Understanding  **Persuasion and Pressure**  Respectful Relationships  Being Safe  Online Relationships  Mental Wellbeing | **Module 2: Created to love others**  Unit 3: Keeping Safe  **What makes a democracy?**  Being a responsible citizen | **Money and me**  Economic Wellbeing  **Year 6 Relationships Conference**  **Module 1: created and loved by God**  Unit 1: Religious Understanding  Unit 2: Me, My Body, My Health  Unit 4: Life Cycles |
| **Summer** | **Module 3: Created to live in Community**  Unit 1: Religious Understanding  **Module 3: Created to live in Community**  Unit 2: Living in the wider world  ● Begin to understand the feelings of others and respond  appropriately.  ● Help to find solutions to conflicts.  ● Follow rules without always needing reminding.  ● Engages in pretend play with different roles  ● Aware of similarities and differences between themselves  and others and celebrates these. | **Module 2: Created to love others**  Unit 3: Keeping Safe  **Module 3: Created to live in community**  Unit 1: Religious Understanding  ● To show resilience and perseverance in the face of  challenge.  ● To identify and moderate their own feelings and emotions.  ● To manage their own needs.  ● To think about the feelings and perspectives of others.  ● As above and...  ● Help the children to talk about and reflect on their learning  through self evaluation.  ● Help the children to set and achieve their own goals.  ● Provide strategies for calm behaviour (breathing, time in a  quiet space).  ● Notices when they can improve their creations and sees this  as learning and improving. | **Looking after myself**  Being Safe  **Keeping Safe**  Being Safe  Health and Prevention  **The Environment**  Being a responsible citizen | **Global Food**  Being a responsible citizen | **LKS2 Module 2: Created to love others**  Unit 2: Personal relationships | **Module 3: Created to live in Community**  Unit 2: Living in the wider world  **Healthy Lifestyles**  Healthy Eating  Health and Prevention  Physical Health and Fitness | **Module 3: Created to live in community**  Unit 1: Religious Understanding  **Healthy lifestyles**  Mental Wellbeing  Physical Health and Fitness  Healthy Eating  Health and Prevention | **Healthy Lifestyles**  Health and Prevention  Basic First Aid  **Democracy and Decisions**  Being a responsible citizen |
| **Module 3: Created to live in the community**  Unit 1: Religious Understanding  **Money**  Economic Wellbeing | **Exploring our families**  Families and people who care for me  Being Safe  **Money, shopping and saving**  Economic Wellbeing | **LKS2 Module 3:**  **Created to love others**  Unit 1: Religious Understanding  **Aspirations**  Economic Wellbeing  Careers  **Managing Money**  Economic Wellbeing | **Managing Money**  Economic Wellbeing | **Self-respect and personal goals**  Respectful Relationships  **Working together and aspirations**  Respectful relationships  Careers  **Money**  Economic Wellbeing  Being a responsible citizen | **Aspirations, work and career**  Economic Wellbeing  Careers  **Moving On**  Mental Wellbeing |

**TenTen curriculum**

**Module 1: Created and loved by God**

**Module 2: Created to love others**

**Module 3: Created to live in the community**

**PSHE HEP Planning:**

**Core theme 1: Health and wellbeing**

**Core theme 2: Relationships**

**Core theme 3: Living in the wider world**

**EYFS - PSED ARE by term**