**St Charles RC Primary School**

**Physical Education Curriculum Map**

**2023-2024**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Term** | **Year 1** | **Year 2** | **Year 3** | **Year 3/4** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn**  | **F. Movements / Ball Skills**Throwing, catching, dribbling, kicking, striking ball | **Movements / Ball Skills -** Throwing, catching, dribbling, kicking, striking ball | **Invasion Games –** Basketball, Tag Rugby (Creating Space) | **Invasion Games –** Basketball, Tag Rugby (Creating Space) | **Swimming** | **Invasion Games –** Basketball, Tag Rugby **(**Attacking and defending play**)** | **Invasion Games –** Basketball, Tag Rugby (Developing and adapting tactics) |
| **Exploring Equipment**Hockey sticks, bats, rackets, etc. | **Exploring Equipment**Hockey sticks, bats, rackets, etc. | **Football**keeping possession, marking and tackling | **Football**keeping possession, marking and tackling | **Football**keeping possession, marking and tackling | **Football**(keeping possession, marking and tackling |
| **Spring**  |  **Gymnastics/Dance –**Balance, jumping and landing, climbing, rolling.Retelling a story | **Gymnastics/Dance –**Balance, jumping and landing, climbing, rolling.Retelling a story | **Gymnastics/Dance –**Stretching and curling, travelling with a change of direction/symmetry | **Swimming** | **Gymnastics/Dance –**Balance, rolling, receiving body weight. | **Gymnastics/Dance –**Receiving body weight, turning and spinning | **Gymnastics/Dance –**Receiving body weight, turning and spinning |
| **Striking and Fielding****Cricket/Tennis**(developing individual shots) | **Striking and Fielding****Cricket/Tennis**(developing individual shots) | **Striking and Fielding****Cricket/Tennis**Marking and tackling, developing individual shots. | **Striking and Fielding****Cricket/Tennis**(Marking and tackling, developing individual shots. | **Striking and Fielding****Cricket/Tennis**Keeping possession, marking and tackling, developing shots | **Striking and Fielding****Cricket/Tennis**Keeping possession, marking and tackling, developing shots |
| **Summer**  | **Athletics –** sports day prep. | **Athletics –** sports day prep. | **Swimming** | **Athletics –**Travelling, throwing and jumping. | **Athletics -** developing good running, throwing and jumping techniques. | **Athletics-** Set targets and improve performance in running, throwing and jumping activities. | **Athletics –** Develop technical understanding of athletic activity. |
| **Creativity**Using different types of equipment to create own game including rules, points. Individual and small games.  | **Creativity**Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**Using different types of equipment to create own game including rules, points. Individual and small games. |