**St Charles RC Primary School**

**Physical Education Curriculum Map**

**2023-2024**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Term** | **Year 1** | **Year 2** | **Year 3** | **Year 3/4** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn** | **F. Movements / Ball Skills**  Throwing, catching, dribbling, kicking, striking ball | **Movements / Ball Skills -**  Throwing, catching, dribbling, kicking, striking ball | **Invasion Games –**  Basketball, Tag Rugby (Creating Space) | **Invasion Games –**  Basketball, Tag Rugby (Creating Space) | **Swimming** | **Invasion Games –**  Basketball, Tag Rugby **(**Attacking and defending play**)** | **Invasion Games –**  Basketball, Tag Rugby (Developing and adapting tactics) |
| **Exploring Equipment**  Hockey sticks, bats, rackets, etc. | **Exploring Equipment**  Hockey sticks, bats, rackets, etc. | **Football**  keeping possession, marking and tackling | **Football**  keeping possession, marking and tackling | **Football**  keeping possession, marking and tackling | **Football**  (keeping possession, marking and tackling |
| **Spring** | **Gymnastics/Dance –**  Balance, jumping and landing, climbing, rolling.  Retelling a story | **Gymnastics/Dance –**  Balance, jumping and landing, climbing, rolling.  Retelling a story | **Gymnastics/Dance –**  Stretching and curling, travelling with a change of direction/symmetry | **Swimming** | **Gymnastics/Dance –**  Balance, rolling, receiving body weight. | **Gymnastics/Dance –**  Receiving body weight, turning and spinning | **Gymnastics/Dance –**  Receiving body weight, turning and spinning |
| **Striking and Fielding**  **Cricket/Tennis**  (developing individual shots) | **Striking and Fielding**  **Cricket/Tennis**  (developing individual shots) | **Striking and Fielding**  **Cricket/Tennis**  Marking and tackling, developing individual shots. | **Striking and Fielding**  **Cricket/Tennis**  (Marking and tackling, developing individual shots. | **Striking and Fielding**  **Cricket/Tennis**  Keeping possession, marking and tackling, developing shots | **Striking and Fielding**  **Cricket/Tennis**  Keeping possession, marking and tackling, developing shots |
| **Summer** | **Athletics –** sports day prep. | **Athletics –** sports day prep. | **Swimming** | **Athletics –**  Travelling, throwing and jumping. | **Athletics -** developing good running, throwing and jumping techniques. | **Athletics-**  Set targets and improve performance in running, throwing and jumping activities. | **Athletics –**  Develop technical understanding of athletic activity. |
| **Creativity**  Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**  Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**  Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**  Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**  Using different types of equipment to create own game including rules, points. Individual and small games. | **Creativity**  Using different types of equipment to create own game including rules, points. Individual and small games. |