



# Community Early Years Art Therapy Painting Together Group & dyadic work

The Community Painting Together Group is a therapeutic art making group for infants and toddlers aged twelve months - two and half years and their parents/carers.

The group runs on a Monday morning at Henry Dickens Community Centre. It is facilitated by Art Psychotherapists Victoria Timmis and Amy Geyer.

The group welcomes parents and carers who need a confidential, non-judgemental therapeutic space to help develop their relationship with their infant or toddler.

Art making in the Group provides a safe way for participants to explore and reflect, whilst finding enjoyment and mutual satisfaction in their interactions and communications.

The Painting Together Group provides a space to

- Gain support
- Strengthen the relationship between adult and child
- Develop playfulness and reciprocity

Individual dyadic sessions are possible in the case of younger infants (under twelve months) and their parents/carers.

Access to the Painting Together Group is by referral only we accept both professional and self referrals.

Please contact Susan Rudnik to refer a family  
[susan.rudnik@lcat.org.uk](mailto:susan.rudnik@lcat.org.uk)

Mondays, 10:30 - 11:45

Henry Dickens Community Centre  
104 St Ann's Rd, London W11 4DH  
020 7123 4567  
<https://www.lcat.org.uk/>

Registered charity number:1206182

