

PE and Sports Premium Funding

What is PE and Sports Premium Funding?

The Government is providing funding to primary schools to provide additional and sustainable improvements to the provision of PE and sport to primary school children to encourage the development of healthy active lifestyles. The funding is based on the number of pupils aged 5 and over in the school in September 2022. This document sets out St Charles' plans for using the PE and Sports Premium Funding.

Number of Pupils and PE and Sport Grant (PSG) received 2022/23	
Total number of pupils on role academic year 2022/23	238(whole school) 198 (excluding Nursery and Reception)
Total number of PSG expected in the academic year 2022/23	£17980

At St Charles Catholic Primary School we have a Physical Education development plan in order to continue to improve provision and raise the achievement of all pupils in PE and sport.

Our key objectives include:

- ❖ To provide INSET for teachers to ensure they have the skills to deliver high quality PE lessons and that PE lessons are fully inclusive.
- ❖ To ensure provision is fully inclusive and addresses gaps
- ❖ To ensure all children are active for at least 60 minutes each day
- ❖ To continue to ensure all children have the opportunity to be involved in after school clubs, especially vulnerable pupils
- ❖ To take account of pupil views when developing PE programmes
- ❖ To increase participation in competitive sport.

Plans for PE and Sport Grant expenditure 2022-23

Key objectives	Initiative	Partners	Impact	Cost	Evaluation
<p>To provide INSET for teachers to ensure they have the skills to deliver high quality PE lessons</p>	<p>Improve the depth of knowledge of PE for staff, with specific focus on gymnastics. Give them the opportunity and confidence to deliver a consistently high standard of PE lessons in the future by working and teaching alongside specialist sports coaches. Staff training will be held which allows staff to understand the progression of skills, which, in turn will allow them to teach high quality PE lessons in gymnastics and, new assessment framework. INSET will allow teachers to ensure all PE lessons are fully inclusive</p>	<p>PlaySport Coaching Company</p>	<ul style="list-style-type: none"> ▪ Teaching staff will be up-skilled by enabling them to work alongside specialised practitioners or independently to teach engaging and effective lessons. ▪ Teachers will gain experience and confidence teaching PE including gymnastics and therefore have a sustainable and long term impact. ▪ Teachers will have an understanding of the PE curriculum and the progression of skills across the year groups to allow them to stretch and support pupils in their learning. ▪ Teachers will be able to assess pupils effectively and identify gaps. 	<p>£500</p>	<p>As a school, gymnastics and dance were identified as areas of PE that class teachers were the least confident teaching. INSET was delivered around these two areas which has given teachers the confidence needed to teach gymnastics and dance, allowing them to stretch and support children in their learning. During the INSET, class teachers were given a bank of ideas and practical examples of a range of activities that can be used during their PE lessons to ensure that lessons are fully inclusive.</p>

			<ul style="list-style-type: none"> All lessons will be fully inclusive. 		
<p>To ensure the PE curriculum is inclusive for all pupils and addresses any gaps</p>	<p>St Charles Catholic Primary school is an inclusive school. We aim to engage all children in PE lessons and are looking to increase provision for all children (including those with SEND) to be fully engaged in PE. Where necessary, lessons will be adapted to meet the needs of pupils, whether they be physical, emotional or learning. Provision will focus on improving fitness for all pupils.</p>	<p>Coaches contracted through PlaySport Coaching Company</p>	<ul style="list-style-type: none"> All children including those with SEND will have equality of opportunity to access the full PE curriculum. Fitness and activity levels for children increase. 	<p>£2000</p>	<p>All children, including those with SEND have equal opportunity to access each PE lesson. Class teachers and PlaySport Coaches ensure lessons are planned well and activities are differentiated allowing for support and challenge to allow all children to access learning. Gaps are identified during lesson and used as a starter activity in the following lesson.</p>
<p>To continue to ensure the curriculum provides progression in skills and allows children to acquire a range of PE skills</p>	<p>All staff are aware of the curriculum; its Intent, Implementation and Impact are clear. Progression in skills across the year groups and curriculum areas will continue to be clear so all children make progress in PE.</p>	<p>PlaySport Coaching Company</p>	<ul style="list-style-type: none"> Progression of skills across year groups and areas of the curriculum is clear and allows teachers to plan for stretching lessons that are appropriate for each year group. Children make progress in PE and in skills acquisition as well as knowledge about PE. 	<p>£1000 equipment</p>	<p>PE curriculum is well planned, allowing for children to build on skills throughout their time in primary school. Each year children build on skills learnt in previous years to ensure children make progress in skills acquisition. PE knowledge organisers are used by class teachers to ensure children's knowledge about PE progresses.</p>

<p>To assess outcomes in PE effectively</p>	<p>Children to be aware of learning intentions through use of Knowledge Organisers. Equipment available is suitable for the curriculum. Curriculum covers both PE skills and knowledge about PE. New assessment processes will be set up to effectively assess children's progress and achievements.</p>		<ul style="list-style-type: none"> ▪ Children are aware of what they are learning through Knowledge Organisers ▪ Effective assessment and gaps identified 		<p>Class teachers use knowledge organisers in class before PE lessons to ensure children understand their learning outcomes. Gaps are identified during lessons and used as the starter activity for the following lesson to minimize gaps.</p>
<p>To ensure children are active for at least 60 minutes each day</p>	<p>St Charles Catholic Primary school aims to ensure all children are as active as possible during the school day. Alongside PE lessons, children are provided with the opportunity to take part in a variety of sports at lunchtime. This is particularly important to improve fitness. Daily mile to be incorporated into daily routines for all pupils.</p>	<p>Coaches contracted through PlaySport Coaching Partner organisations such as QPR and Chelsea</p>	<ul style="list-style-type: none"> ▪ Increase engagement in sports. ▪ Positive impact on behaviour. ▪ More enriching lunchtimes for pupils. ▪ Access to a wide range of sports and physical activity including basketball, table tennis. ▪ House captains to take responsibility to organise inter-house sports competitions aimed at engaging a wider variety of children. 	<p>£6900</p>	<p>PlaySport Coaching positively encourage children to take part in sports during lunch time. Areas divided up at lunchtime to allow as many classes to play mini football/basketball games as possible. QPR and Chelsea unavailable this year, however Middlesex Cricket Club delivered PE for two year groups in the spring term.</p>

	<p>Raise the profile of walking, scooting or biking to school in increase activity levels. Although many pupils now are active for at least 60 minutes and access lunchtime and after school sports activities, a number of children are reluctant to do so. We aim to provide targeted interventions for these.</p> <p>Also, we aim to increase the physical activity of girls and instil in them good routines of physical activity for later life.</p>		<ul style="list-style-type: none"> ▪ Children not accessing lunchtime or after school sports activities to be targeted by teachers and coaches. ▪ Opportunities offered through partner organisations to engage and encourage pupils to participate in sport ▪ Improved fitness as a result of engaging in daily mile. 		
<p>To inspire children to be involved in sport</p>	<p>At St Charles we aim to inspire children through sport to develop physical and social skills such as teamwork, resilience, respect and endurance. We aim to develop our house captains to organise inter-house sporting competitions to inspire and involve children across the school.</p>		<ul style="list-style-type: none"> • Children are inspired to develop the skills and attributes of sportspeople: resilience, respect, hard work, teamwork etc. ▪ House captains to take responsibility to organise inter-house sports competitions aimed at 	<p>£2500</p>	<p>Children in Year 3, Year 4 and Year 6 took part in bikeability training this year.</p> <p>Middlesex Cricket Company delivered effective, specialised cricket lessons to Year 1 and Year 5. Year 1 and 1/2 took part in a sports-based friendship festival with Mulberry House school, focusing on teamwork and sportspersonship. Year 4 children took part in a competition at Westway Sports Centre.</p>

	<p>Daily Mile to inspire pupils to be more active and take up running.</p> <p>We will run activities to raise the profile of PE and inspire children to participate.</p> <p>We will engage with local partners (QPR, Bikability, Chelsea) and other schools to inspire children to take up sport and competition.</p>		<p>engaging a wider variety of children .</p> <ul style="list-style-type: none"> ▪ Children to be involved in the Daily Mile and regular fitness activities. ▪ Run mini competitions during school day to inspire pupils ▪ Work with QPR to organise visits and other opportunities. 		<p>Year 5 children took part in a competitive league after school at Westway Sports Centre.</p> <p>House captains have not had the opportunity to organise inter-house sports competitions. This action will be carried over to next year.</p>
<p>To continue to ensure all children have the opportunity to be involved in after school clubs, especially vulnerable and disadvantaged pupils</p>	<p>We believe that all children should have access to good quality sports activities after school, regardless of their economic, social or educational background. We will aim to ensure that no group is under-represented at after school clubs and remove any barriers to attendance. This will include removing barriers for families where children do not participate in after school clubs.</p>	<p>FitforLife Youth</p>	<ul style="list-style-type: none"> ▪ Children from all backgrounds have the opportunity to engage in sports, particularly team sports. ▪ No child is disadvantaged in terms of attendance at sports clubs. ▪ SEND pupils are supported to attend after school clubs where necessary ▪ Staff support pupils so they can take part in sports competitions ▪ Children who do not take up after school clubs will 	<p>£500</p>	<p>All children regardless of SEND have the opportunity to take part in after school clubs.</p> <p>Children who do not take part in after school clubs were targeted in the year 5 competitive football league, including involving girls to encourage involvement in football.</p>

	Take up clubs was limited last year so we will work with partners and parents to understand and develop these.		be targeted to ensure they are not missing out on opportunities for sport participation.		
To take account of pupil views when developing PE programmes	<p>We believe that children should be given the opportunity to express their views over PE provision in the school. We will work with the house captains, School Council representatives and pupil focus groups to ensure the views of pupils are taken into consideration when planning activities and programmes. We will aim to include pupil views when planning and delivering PE and sports provision both during and after school.</p>	PE Coordinator and teaching staff	<ul style="list-style-type: none"> ▪ Pupils are able to express views about PE provision through pupil voice. ▪ Pupils have increased input into PE provision and delivery. 	£300	<p>Pupil voice questionnaire showed that children across a range of year groups understood the importance of PE lessons.</p> <p>The questionnaire also showed that children understood what was expected of them in lessons and that children felt both confident and enjoyed their lessons.</p> <p>Children expressed that they found the range of games and activities in their PE lessons fun.</p> <p>Children recognised they were all given the same opportunities and that both teachers and coaches gave children the opportunity to be creative and add to/take away from games and activities to improve them.</p>
To ensure every pupil in KS2 learns to swim	We believe that swimming is a life skill and that all pupils should have the opportunity to learn to swim and develop this skill before they leave us.	Local swimming teachers	<ul style="list-style-type: none"> ▪ Pupils learn to swim confidently ▪ Pupils are coached by professional swimming coaches 	Swimming met from school funds £2200 for additional	<p>Children in year 6 were given the opportunity to go swimming for a term this year as they missed out previously due to Covid.</p> <p>Children in year 3 and 4 also spent a term each swimming, coached by professional swimming coaches.</p>

	We are aware that some pupils have not had the opportunity to learn to swim so we have put in place additional swimming to rectify this.			staff for safeguarding	
To increase participation in competitive sport.	Participating in competitive sport, both internally and externally, allows children to develop key life skills such as teamwork, communication, sportsmanship and pride in their achievements. The pandemic may impact the ability to participate in competitions until spring term.	Coaches, teaching staff and support staff.	<ul style="list-style-type: none"> ▪ Children participate in mixed football, as well as age appropriate borough competitions, tennis tournaments and District Sports. ▪ All pupils in KS2 have an opportunity to engage in competitive sport during inter-house competitions at break-times, whilst KS1 are able to access competitions during curriculum time. ▪ Children develop sportsmanship qualities, resilience and teamwork. 	£2400	Children participated in local competitive football league at Westway Sports Centre, involving both boys and girls. This allowed children to develop sportsmanship qualities, resilience and teamwork. KS2 inter-house competitions ready to launch in September 2023.
To develop pupils sports ambassadors	Pupils who excel at particular aspects of PE to support their peers during lessons. This will allow them to deepen their understanding of PE by	Coaches, teaching staff and support staff.	<ul style="list-style-type: none"> ▪ Children disseminate their expertise ▪ Children act as 'PE ambassadors/specialists' 	£0	Sports ambassadors to be launched in September. Year 5 children to undertake responsibility in pairs to run lunch time table tennis/basketball and football mini tournaments.

	sharing their expertise as well as developing leadership skills, empathy and patience.		<ul style="list-style-type: none"> Children develop a sense of responsibility and leadership skills 		
Total Spend			<ul style="list-style-type: none"> 	£18300	

Swimming and Water Safety – Year 6

	Percentage of Pupils
Swim competently, confidently and proficiently over a distance of at least 25 metres	47%
Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke	47%
Perform safe self-rescue in different water-based situations	59%

Sustainability

Going forward, because of the approach we have taken, the SLT have identified two options for future PE provision in order to sustain what we offer currently. In the event of the funding being reduced

Option 1: As teaching staff have been upskilled and worked alongside the coaches, the teachers have gained experience and confidence in teaching PE and therefore as a school, we will no longer require specialised coaches. Good practice gained will be disseminated to new staff. Where necessary, specific CPD will be provided to maintain high standards in teaching.

Option 2: The coaches can be asked to full time PE provision through PPA, releasing class teachers for their PPA.

The aim would be to maintain the lunch time provision as this has been prioritised by the SLT as it provides more enriching lunch times for pupils.

The after school clubs will continue as they are self-funding .However, the school will endeavour to support the participation of PP pupils so that no child is disadvantaged.

As swimming is statutory, this will be funded from the school's budget.