**St Charles RC Primary School**

**PSHE & RSE Curriculum Map**

**2022-2023**

| **Term** | **Nursery** | **Reception** | **Year 1** | **Year 2****(including 1/2)** | **Year 3** | **Year 4** | **Year 5** | **Year 6****(including 5/6)** |
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| **Autumn** | **Module 1: Created and loved by God**Unit 1: Religious UnderstandingEnjoys the company of other children and wants them.● Begin to be more outgoing with unfamiliar people and showmore confidence in new social situations.● Select and use resources with help.● Play with at least one other child, giving cues in play.● Begin to find solutions to conflicts (i.e. sharing with others)● Follow simple class rules.● Develop a sense of responsibility within the class.● To settle at a self-chosen activity for a period of time.to play with | **Module 1: Created and loved by God**Unit 1: Religious Understanding**Module 1: Created and loved by God**Unit 2: Me, My Body, My Health● Recognise that they belong to different communities andsocial groups.● Talk freely about their own home and community.● Seeks out a familiar adult for comfort, help and assistance.● See themselves as a valuable individual. | **Module 1: Created and loved by God**Unit 1: Religious Understanding**Keeping Well and Clean**Physical Health and FitnessHealthy EatingHealth and Prevention | **Module 1: Created and loved by God**Unit 1: Religious Understanding **Module 1: Created and loved by God**Unit 4: The cycle of life **Healthy People**Metal WellbeingPhysical Health and FitnessHealthy EatingHealth and Prevention | **LKS2 Module 1: Created and loved by God**Unit 1: Religious Understanding**Healthy Lifestyles**Healthy EatingPhysical Health and Fitness | **Module 1: Created and loved by God** Unit 1: Religious Understanding**Mental Health**Mental Wellbeing | **Module 1: Created and loved by God**Unit 1: Religious Understanding **Module 2: Created to love others**Unit 1: Religious Understanding **(LKS2 modules)****Module 1: Created and loved by God**Unit 2 continued: Me, My Body, My Health  | **Module 3: Created to live in community**Unit 1: Religious Understanding**Module 3: Created to live in community** Unit 2: Living in the wider world |
| **Module 2: Created and Loved by God.**Unit 1: Religious Understanding | **Module 1: Created and loved by God**Unit 2: Me, My Body, My Health**Coping with conflict** Caring and FriendshipsRespectful RelationshipsMental WellbeingInternet Safety and Harms**Making and breaking friendships**Caring FriendshipsMental Wellbeing | **LKS2 Module 2: Created to love others**Unit 1: Religious Understanding**Emotions and Feelings** Being SafeMental Wellbeing | **Module 1: Created and loved by God**Unit 2: Me, my body, my health. **Friendship and Inclusion** Respectful relationshipsCaring friendships Mental Wellbeing  | **Module 2: Created to love others**Unit 2: Personal relationships**Friendships and coping with bullying** Caring and Friendships Respectful RelationshipsOnline RelationshipsBeing Safe Mental Wellbeing **Stereotypes and diversity**Respectful Relationships | **Year 6 Relationships Conference****Module 1: created and loved by God**Unit 1: Religious UnderstandingUnit 2: Me, My Body, My HealthUnit 4: Life Cycles**Conflict resolution**Caring FriendshipsRespectful RelationshipsOnline RelationshipsMental Wellbeing **Protected Characteristics and bullying**Respectful relationshipsOnline RelationshipsMental Wellbeing |
| **Spring** | **Module 2: Created to love others**Unit 1: Religious Understanding**Module 2: Created to love others**Unit 2: Personal Relationships● Talk about their feelings (if they are happy or sad and why).● Play with more than one child, extending and elaboratingplay ideas.● Takes part in pretend play● Builds upon two way conversations (listening and respondingto others).● Takes risks and tries new things. | **Module 1: Created and Loved by God**Unit 3: Emotional Well-being**Module 1: Created and loved by God**Unit 4: Life Cycles● Build constructive and respectful relationships.● Express their feelings and consider the feelings of others.● Can talk about what they can do well and what they needhelp with.● Shows confidence choosing the resources they need foractivities. | **Module 2: Created to love others**Unit 2: Personal Relationships**Losing and Finding**Mental Wellbeing | **Module 1: Created and loved by God**Unit 3: Emotional Wellbeing | **LKS2 Module 2: Created to love others**Unit 2: Personal relationships | **Module 1: Created and love by God** Unit 3: Emotional Wellbeing  | **Module 1: Created and loved by God** Unit 4: Life Cycles | **Module 1: Created and Loved by God**Unit 3: Emotional Wellbeing |
| **Module 2: Created to love others**Unit 3: Keeping Safe | **Module 3: Created to live in the community**Unit 1: Religious Understanding**Module 3: Created to live in community**Unit 2: Living in the wider world | **Me and my community**Being a responsible citizen**Where do things come from?**Being a responsible citizenEconomic Wellbeing | **Module 3: Created to live in Community** Unit 1: Religious Understanding **Persuasion and Pressure**Respectful Relationships Being SafeOnline RelationshipsMental Wellbeing | **Module 2: Created to love others**Unit 3: Keeping Safe **What makes a democracy?**Being a responsible citizen | **Money and me**Economic Wellbeing  |
| **Summer** | **Module 3: Created to live in Community**Unit 1: Religious Understanding**Module 3: Created to live in Community**Unit 2: Living in the wider world● Begin to understand the feelings of others and respondappropriately.● Help to find solutions to conflicts.● Follow rules without always needing reminding.● Engages in pretend play with different roles● Aware of similarities and differences between themselvesand others and celebrates these. | **Module 2: Created to love others**Unit 3: Keeping Safe**Module 3: Created to live in community**Unit 1: Religious Understanding● To show resilience and perseverance in the face ofchallenge.● To identify and moderate their own feelings and emotions.● To manage their own needs.● To think about the feelings and perspectives of others.● As above and...● Help the children to talk about and reflect on their learningthrough self evaluation.● Help the children to set and achieve their own goals.● Provide strategies for calm behaviour (breathing, time in aquiet space).● Notices when they can improve their creations and sees thisas learning and improving. | **Looking after myself** Being Safe**Keeping Safe**Being SafeHealth and Prevention**The Environment**Being a responsible citizen | **Global Food**Being a responsible citizen | **LKS2 Module 2: Created to love others**Unit 2: Personal relationships | **Module 3: Created to live in Community** Unit 2: Living in the wider world**Healthy Lifestyles**Healthy Eating Health and PreventionPhysical Health and Fitness | **Module 3: Created to live in community** Unit 1: Religious Understanding **Healthy lifestyles**Mental Wellbeing Physical Health and FitnessHealthy Eating Health and Prevention | **Healthy Lifestyles** Health and PreventionBasic First Aid**Democracy and Decisions** Being a responsible citizen |
| **Module 3: Created to live in the community**Unit 1: Religious Understanding**Money**Economic Wellbeing | **Exploring our families**Families and people who care for meBeing Safe**Money, shopping and saving**Economic Wellbeing | **LKS2 Module 3:****Created to love others** Unit 1: Religious Understanding **Aspirations**Economic Wellbeing Careers **Managing Money**Economic Wellbeing | **Managing Money**Economic Wellbeing | **Self-respect and personal goals** Respectful Relationships**Working together and aspirations**Respectful relationships Careers **Money** Economic Wellbeing Being a responsible citizen | **Aspirations, work and career**Economic Wellbeing Careers **Moving On**Mental Wellbeing |

**TenTen curriculum**

**Module 1: Created and loved by God**

**Module 2: Created to love others**

**Module 3: Created to live in the community**

**PSHE HEP Planning:**

**Core theme 1: Health and wellbeing**

**Core theme 2: Relationships**

**Core theme 3: Living in the wider world**

**EYFS - PSED ARE by term**