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8th February 2023

Dear Parents/Guardians,

## E-Safety Week

E-safety is a very important part of keeping children safe at St Charles Primary School. Our PSHE and Computing curriculums teach pupils about E-safety by focusing on appropriate online behaviours and equipping pupils with the knowledge on how to remain safe online and when using devices.

There are several ways that you at home can help minimise the risk of your children accessing or becoming exposed to illegal, unwanted or unpleasant content, comments or activity when using devices or when online. These include:

- Talking with your children on a regular basis about how to use the internet safely and providing opportunities for them to share concerns with you.
- Setting parental controls to restrict the content that your children can access as well as the duration and time of day that they can access content.
- Having a go at playing the games and using the apps that your children engage in. This can
  help you to better understand the content that they are accessing as well as any additional
  features including webchat functions.
- Installing anti-virus software where possible on devices to block unwanted and inappropriate content and to prevent malware and viruses.
- Reading any parental guidance or recommendations, including age requirements on the apps and websites prior to allowing your child access to them.

Please see the following resources for further information on how to continue to support your children when using devices and the internet:

- https://www.nspcc.org.uk/keeping-children-safe/online-safety/#advice
- https://www.thinkuknow.co.uk/parents/articles/band-runner/
- https://www.childnet.com/

If you have any concerns or queries, please do not hesitate to contact the school who will support you.

Thank you for your ongoing support.

Kind regards,

Fred Fowle
Computing Coordinator