



# St Charles RC Primary School

## PSHE & RSE Curriculum Map

### 2022-2023



Term	Nursery	Reception	Year 1	Year 2 (including 1/2)	Year 3	Year 4	Year 5	Year 6 (including 5/6)
Autumn	<b>Module 1: Created and loved by God</b> Unit 1: Religious Understanding	<b>Module 1: Created and loved by God</b> Unit 1: Religious Understanding	<b>Module 1: Created and loved by God</b> Unit 1: Religious Understanding  <b>Keeping Well and Clean</b>  Physical Health and Fitness Healthy Eating Health and Prevention	<b>Module 1: Created and loved by God</b> Unit 1: Religious Understanding  <b>Module 1: Created and loved by God</b> Unit 4: The cycle of life  <b>Healthy People</b> Metal Wellbeing Physical Health and Fitness Healthy Eating Health and Prevention	<b>LKS2 Module 1: Created and loved by God</b> Unit 1: Religious Understanding  <b>Healthy Lifestyles</b> Healthy Eating Physical Health and Fitness	<b>Module 1: Created and loved by God</b> Unit 1: Religious Understanding  <b>Mental Health</b> Mental Wellbeing	<b>Module 1: Created and loved by God</b> Unit 1: Religious Understanding  <b>Module 2: Created to love others</b> Unit 1: Religious Understanding  <b>(LKS2 modules) Module 1: Created and loved by God</b> Unit 2 continued: Me, My Body, My Health	<b>Module 3: Created to live in community</b> Unit 1: Religious Understanding  <b>Module 3: Created to live in community</b> Unit 2: Living in the wider world
		<b>Module 1: Created and loved by God</b> Unit 2: Me, My Body, My Health	<b>Module 2: Created and Loved by God.</b> Unit 1: Religious Understanding	<b>Module 1: Created and loved by God</b> Unit 2: Me, My Body, My Health  <b>Coping with conflict</b> Caring and Friendships Respectful Relationships Mental Wellbeing Internet Safety and Harms	<b>LKS2 Module 2: Created to love others</b> Unit 1: Religious Understanding  <b>Emotions and Feelings</b> Being Safe Mental Wellbeing	<b>Module 1: Created and loved by God</b> Unit 2: Me, my body, my health.  <b>Friendship and Inclusion</b> Respectful relationships Caring friendships Mental Wellbeing	<b>Module 2: Created to love others</b> Unit 2: Personal relationships  <b>Friendships and coping with bullying</b> Caring and Friendships Respectful Relationships Online Relationships Being Safe	<b>Year 6 Relationships Conference</b> <b>Module 1: created and loved by God</b> Unit 1: Religious Understanding Unit 2: Me, My Body, My Health Unit 4: Life Cycles  <b>Conflict resolution</b> Caring Friendships Respectful Relationships Online Relationships

				<b>Making and breaking friendships</b> Caring Friendships Mental Wellbeing			Mental Wellbeing  <b>Stereotypes and diversity</b> Respectful Relationships	Mental Wellbeing  <b>Protected Characteristics and bullying</b> Respectful Relationships Online Relationships Mental Wellbeing
<b>Spring</b>	<b>Module 2: Created to love others</b> Unit 1: Religious Understanding	<b>Module 1: Created and Loved by God</b> Unit 3: Emotional Well-being	<b>Module 2: Created to love others</b> Unit 2: Personal Relationships  <b>Losing and Finding</b> Mental Wellbeing	<b>Module 1: Created and loved by God</b> Unit 3: Emotional Wellbeing	<b>LKS2 Module 2: Created to love others</b> Unit 2: Personal relationships	<b>Module 1: Created and love by God</b> Unit 3: Emotional Wellbeing	<b>Module 1: Created and loved by God</b> Unit 4: Life Cycles	<b>Module 1: Created and Loved by God</b> Unit 3: Emotional Wellbeing
	<b>Module 2: Created to love others</b> Unit 2: Personal Relationships	<b>Module 1: Created and loved by God</b> Unit 4: Life Cycles	<b>Module 2: Created to love others</b> Unit 3: Keeping Safe	<b>Module 3: Created to live in the community</b> Unit 1: Religious Understanding  <b>Module 3: Created to live in community</b> Unit 2: Living in the wider world	<b>Me and my community</b> Being a responsible citizen  <b>Where do things come from?</b> Being a responsible citizen Economic Wellbeing	<b>Module 3: Created to live in Community</b> Unit 1: Religious Understanding  <b>Persuasion and Pressure</b> Respectful Relationships Being Safe Online Relationships Mental Wellbeing	<b>Module 2: Created to love others</b> Unit 3: Keeping Safe  <b>What makes a democracy?</b> Being a responsible citizen	<b>Money and me</b> Economic Wellbeing
<b>Summer</b>	<b>Module 3: Created to live in Community</b> Unit 1: Religious Understanding	<b>Module 2: Created to love others</b> Unit 3: Keeping Safe	<b>Looking after myself</b> Being Safe  <b>Keeping Safe</b> Being Safe Health and Prevention  <b>The Environment</b> Being a	<b>Global Food</b> Being a responsible citizen	<b>LKS2 Module 2: Created to love others</b> Unit 2: Personal relationships	<b>Module 3: Created to live in Community</b> Unit 2: Living in the wider world  <b>Healthy Lifestyles</b> Healthy Eating Health and Prevention	<b>Module 3: Created to live in community</b> Unit 1: Religious Understanding  <b>Healthy lifestyles</b> Mental Wellbeing	<b>Healthy Lifestyles</b> Health and Prevention Basic First Aid  <b>Democracy and Decisions</b> Being a responsible citizen

			responsible citizen			Physical Health and Fitness	Physical Health and Fitness Healthy Eating Health and Prevention	
	<b>Module 3: Created to live in Community</b> Unit 2: Living in the wider world	<b>Module 3: Created to live in community</b> Unit 1: Religious Understanding	<b>Module 3: Created to live in the community</b> Unit 1: Religious Understanding  <b>Money</b> Economic Wellbeing	<b>Exploring our families</b> Families and people who care for me Being Safe  <b>Money, shopping and saving</b> Economic Wellbeing	<b>LKS2 Module 3: Created to love others</b> Unit 1: Religious Understanding  <b>Aspirations</b> Economic Wellbeing Careers  <b>Managing Money</b> Economic Wellbeing	<b>Managing Money</b> Economic Wellbeing	<b>Self-respect and personal goals</b> Respectful Relationships  <b>Working together and aspirations</b> Respectful relationships Careers  <b>Money</b> Economic Wellbeing Being a responsible citizen	<b>Aspirations, work and career</b> Economic Wellbeing Careers  <b>Moving On</b> Mental Wellbeing

TenTen curriculum

Module 1: Created and loved by God

Module 2: Created to love others

Module 3: Created to live in the community

PSHE HEP Planning:

Core theme 1: Health and wellbeing

Core theme 2: Relationships

Core theme 3: Living in the wider world