



St Charles

CATHOLIC PRIMARY SCHOOL

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28th February 2022

Dear Parent/Carer,

I am sure that you and your families will be concerned about the horrendous situation that is developing in the Ukraine. Whilst we are geographically far away from the events, it can still have a dramatic effect on our School community and upon some of our families who have roots in both Ukraine and Russia. The news and social media feeds are filled with the latest information, some of which is very upsetting and worrying and may not even be verified. Children listening and viewing distressing images can become frightened and fearful.

As a staff, we are trying to address this in the most measured and sensitive way we can, taking into account the age ranges of our children. We felt that you may probably need some advice too, as you try to answer your children's questions.

With this in mind, please find below some background reading resources to help you think about how, together, we can support children with what they are seeing or feeling.

Supporting your child if they see upsetting content online about what is happening in Ukraine (Childnet)

<https://www.childnet.com/blog/supporting-your-child-with-upsetting-content/>

How to talk to children about what's happening in Ukraine and World War Three anxiety (Metro)

<https://metro.co.uk/2022/02/24/how-to-talk-to-children-about-whats-happening-in-ukraine-16163133/>

How and when to talk to children about war, according to a parenting expert (Independent)

<https://www.independent.co.uk/life-style/children-war-talk-russia-ukraine-b2023695.html>

If you would like to discuss this further with us, please do not hesitate to contact the school.

Regards,

Tony Lynch
Head of School

Love God Love Your Neighbour